



2025 VIRTUAL LEARNING SERIES FOR MATERNAL HEALTH PROFESSIONALS

LEARN AND EARN NCPDs!



EARN FREE CNEs/NCPDs*

* The American Nurses Credentialing Center (ANCC) has changed the term "Continuing Nursing Education" (CNE) to "Nursing Continuing Professional Development" (NCPD).

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FREE LIVE WEBINARS

January 30, 2025 | 1:00-2:00pm EST

Compassionate OB Care:

Avoiding Retraumatization and Supporting Healing

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In this webinar, having experienced maternal trauma firsthand, Dr. Wilson recognized significant opportunities to improve healthcare. As a healthcare team, we have the power to take thoughtful actions to reduce patient trauma and promote healing. Drawing on her nursing expertise, she is committed to sharing actionable strategies to advocate for patient-centered, compassionate care throughout pregnancy, childbirth, and the postpartum period.

Dr. Lorraine Wilson, DNP, RN, NPD-BC, CD-L

**1.0
NCPD***

March 24, 2025 | 1:00-2:30pm EDT

Human Trafficking: The Pivotal Role of Healthcare Professionals in Recognizing and Responding

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This webinar will equip healthcare professionals with strategies to identify and respond to potential victims of human trafficking, focusing on recognizing red flags and behavioral indicators. Attendees will learn to use a trauma-informed approach, ask appropriate questions, and create effective response plans while preserving patient dignity. The session will emphasize collaboration with other professionals and organizations to provide comprehensive care to address this critical issue in healthcare.

Michele Kulkanek, MSN, RNC-OB, C-EFM, C-ONQS

**1.5
NCPDs***

May 22, 2025 | 1:00-2:30pm EDT

Navigating the Perinatal Mental Health Landscape: Challenges and Opportunities

[REGISTER HERE>>](#)

Join us as we explore the significant challenges posed by perinatal mental illness, including depression, anxiety, and postpartum psychosis. Despite its impact on maternal and familial well-being, it often goes undiagnosed or untreated. Standardized screening from pre-pregnancy to postpartum is essential for effective symptom monitoring and treatment. Equitable access to care—from pre-pregnancy to postpartum—is also vital for addressing these concerns.

Dixie Weber, MS, BSN, RN

**1.5
NCPD***

July 24, 2025 | 1:00-2:00pm EST

Voices of Change: The Role of Storytelling in Improving Maternal Health

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Over the last decade, storytelling has transformed our view of maternal health by breaking barriers, raising awareness, and fostering understanding of birthing challenges. This presentation explores how personal narratives amplify families' voices, driving social change, trust, and improved healthcare. Through examples, we'll show how storytelling influences health policy and empowers providers to enhance care.

Jamie Agunzday, MA, MSN, RNC-OB

**1.0
NCPD***

FREE ON-DEMAND SESSIONS

Simply follow these instructions or scan the QR Code to create your FREE account and gain access to the on-demand webinars.

Step 1: Click [HERE](#) to create your FREE account.

Step 2: Select "Start Today". (Note: Pop-ups must be enabled).

Step 3: Once registered, check your email for log-in information.

Step 4: Once logged in, select 'Click Here' to access the "Huggies® Healthcare Sponsored Virtual Learning Series for Maternal Health Professionals".



Maternal & Infant Health Leadership Series

Register for free | Earn NCPDs*



Earn 1 NCPD contact hour per program

Brought to you through an educational grant provided by Huggies® Healthcare™ eAcademy



Reducing Nurse Leader Burden: A Data-Driven Approach Using Lean Methodology

L. Michelle Kitchens, MSN, RN, CNML
Michelle Pratt DNP, RNC-MNN, C-ONQS

Today's nurse leaders face increasing pressure to juggle multiple priorities with fewer resources. Competing demands for focus on quality & safety, patient experience, staff engagement & retention, and operational necessities create an environment of continual overburden. When everything is a priority, nothing can be. To address these challenges, we employed a collaborative quality improvement framework utilizing Lean methodology to quantify and classify nurse leader work, and identify opportunities to reduce waste.

April 15, 2025
2 - 3 PM ET

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Preconception To Infancy (P2i): Environmental Toxins and Healthy Pregnancy

Jeanne Conry, MD, PhD

- Describe the goal of Preconception to Infancy
- Understand the impact of environmental toxicants on reproductive health
- Advocate for global certification of product safety to reduce adverse health outcomes—beginning with prenatal vitamins
- Explain the role of Mass Spectrometry and bioburden in understanding individual risks of environmental exposures

June 12, 2025
2 - 3 PM ET

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Work Environment Stewardship: A Chief Nurse Executive's Perspective

Maureen "Mo" Chadwick, PhD, MSN, RN, NE-BC
Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN

- Equip nurse leaders to effectively steward the work environment, leading to a fair and inclusive culture of psychological safety.
- Cultivating a healthy working environment utilizing a coaching approach on the "how" of disrupting incivility in the work environment.
- Discuss ways to restore joy at work and in life

August 12, 2025
2 - 3 PM ET

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Harnessing Intention & Alignment for Effective Leadership Momentum

Sue Ludwig, OTR/L, CNT

- Equip nurse leaders to effectively steward the work environment, leading to a fair and inclusive culture of psychological safety.
- Cultivating a healthy working environment utilizing a coaching approach on the "how" of disrupting incivility in the work environment.
- Discuss ways to restore joy at work and in life

October 9, 2025
2 - 3 PM ET

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Nurse Leader Wellbeing: A Conversation

Tim Cunningham, DrPH, RN, FAAN
Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN

- Apply the science of wellbeing to individual and operational practices
- Discuss tactics on ways to leverage meaning at work
- Leverage storytelling as a mechanism to engage and inspire teams

December 11, 2025
2 - 3 PM ET

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*This nursing continuing professional development activity has been submitted to the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation